



# Aqua Finners Swim Program

Aqua~Fit  
Swim & Wellness Center



The first thing any parent should know about this class is that it is high intensity. This is NOT a swim lesson; it is a training, endurance and exercise session. Your child must be able to swim the full length of the pool in our facility to be considered for this program. In Aqua Finners we are putting all the knowledge that your child has in swimming and taking it one step further, to a safer level.

- Timed Sets.
- Open/Flip Turns
- Stream Line Swimming
- Breaststroke
- Butterfly (advanced)
- 300 Yards minimum per class
- Building Self-Esteem and Self Confidence

8 Classes \$120  
4:20 T/Th  
6:20 W  
Monthly Program  
Endurance/Stroke Technique

**Aqua~Fit**  
**Swim & Wellness Center**  
1400 Summit Ave Suite D-2 Plano, Texas 75074  
972-578-7946 (SWIM)  
Mimi @aquafitplano.com

*For office use only:*  
\$35 Single Membership Fee\*: \_\_\_\_\_  
\$50 Family Membership Fee\*: \_\_\_\_\_  
\$120 per child per punch card  
10% discount on additional siblings  
\$108  
\*No refunds on Holding/Membership Fee

## Aqua Finners Registration

Please circle one: NEW or RETURN Swimmer

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ M/F \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_  
(at time of lessons)

Parent's Name: \_\_\_\_\_ Best Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address (*please print neatly*): \_\_\_\_\_

Please be sure your child has his/her punch card and checks in with the Fitness Desk before entering the pool area!!

We, the undersigned, parents or legal guardians of the Applicant whose name appears hereof, for in consideration of such applicant's participation in the instructional and recreational programs of Aqua~Fit, Swim & Wellness Center, Aqua~Fit Aquatic Enterprises, LLC do herewith and hereby agree to indemnify and hold harmless the said, Aqua~Fit Swim & Wellness Center and Aqua~Fit Aquatic Enterprises, LLC, its officers, instructors, employees and agents, from any and all liability loss, or damage, including reasonable attorney's fees resulting from any claims, causes of action, demands, costs or judgments against said Aqua~Fit, Swim & Wellness Center, Aqua~Fit Aquatic Enterprises, LLC, its officers, instructors, employees and agents, from whatsoever extent or nature, including without limitation any injury, illness or accident to such Applicant's participation in any way in any program or course of instruction of the said Aqua~Fit Swim & Wellness Center, Aqua~Fit Aquatic Enterprises, LLC.

\_\_\_\_\_ I understand all membership and tuition fees are due at the time of enrollment and are NON-REFUNDABLE and NON-TRANSFERABLE. A **\$10.00 fee will be charged for changing class** sessions or times.

**Date:** \_\_\_\_\_ **Parent or Guardian:** \_\_\_\_\_